

International Breathwork Training Alliance
www.breathworkalliance.com
CODE OF ETHICS

Breathwork schools, trainers, practitioners and trainees in the International Breathwork Training Alliance agree to observe the following code of ethics: I agree to:

Accept and aspire to the principles of the IBTA and to uphold the following code of professional ethics.

1. Client Suitability.

- a) Establish a client's ability to utilize and healthfully integrate breathwork, as far as is possible.
- b) Not discriminate on the basis of race, ethnicity, gender, religion, sexual orientation, age or appearance.

2. Contract with Clients.

- a) Establish clear contracts with clients regarding the number and duration of sessions and financial terms.
- b) Establish clear boundaries and discuss the possible employment of touch.
- c) Practice my breathwork skills primarily for the benefit of the client, rather than solely for financial gain.
- d) Maintain confidentiality of client information and security of records of client session content.

3. Practitioner Competence

- a) Practice within my area of professional competence, training and expertise, make this clear to my prospective clients, and not make claims for my service that cannot be substantiated.
- b) Continue to develop personally, practicing the technique that I offer to others while nourishing passion and reverence for my calling, and keeping a healthy balance in my work and self care.
- c) Seek supervision and consultation when appropriate.

4. Practitioner/Client Relationship

- a) Establish and maintain healthy, appropriate and professional boundaries, respecting the rights and dignity of those I serve.
- b) Refrain from using my influence to exploit or inappropriately exercise power over my clients.
- c) Refrain from using my breathwork practice to promote my personal religious beliefs.
- d) Refrain from all forms of sexual behavior or harassment with clients even when client initiates or invites such behavior.
- e) Provide clients with information about community networking, educational resources and holistic lifestyle with their consent and within my scope of knowledge.
- f) Refer clients to appropriate resources when they present issues beyond my scope of training.

5. Practitioner Interrelationships

- a) Maintain and nurture healthy relationships to other breathworkers.
- b) Give constructive feedback to other Alliance practitioners who I believe have failed to follow one or more of the ethical principles. If this does not sufficiently resolve the issue, seek consultation with the most appropriate professional and/or civil authorities within my local region for the protection of breathwork clients involved.